



Riverwalk Quilters Guild

President's Message

With Fall officially upon us it's hard to believe that the holidays are fast approaching when we will be decorating our homes and gathering with family and friends.

It seems like just yesterday that I was admiring the Monarch butterflies hopping from Zinnia to Zinnia in my garden. What a beautiful sight it was watching them gather their food for their long journey down to Mexico.

How do they know when it's time to fly down South? Do they have an internal GPS to find their way? I guess I will have to Google it to find the answers. And below is what I found.

First, monarch butterflies have a circadian rhythm that helps them know what time it is. Think about when you wake up, you can probably guess close to what time it is before glancing at your phone. Or you look outside, and the position of the sun will help you figure out the time, even without a clock.

Monarch butterflies also utilizing that innate sense of time as well as the sun's position to orient themselves in a southwestern direction.

However, on cloudy days, monarch butterflies can't use the sun's position to help them. On those days, they use the earth's magnetic pull to tell which direction is south. Geomagnetic cues help them fly toward the equator, and those magnetic receptors have been found to be in the butterflies' antennae.

Quite amazing creatures, they are, and the Monarch butterflies can live from 7 to 9 months and how do they take that long trip to Mexico without luggage? LOL

Enjoy the Fall colors while you can because you know what will be falling from the sky before you know it. And when that happens we will all get a lot more quilting done.

Mary Cieslak
President - RQG

November 2019
Volume 26 Issue 5



Membership

At our October meeting, five new members joined, bringing our total to 100. Be sure to welcome our newest members: Sarah Ahlgren, Martha Bouchard, Lynda Cooper-Boyke, Barbara Craft, and Karen Shibley.

Thanks to Nancy Sturgeon for taking our pictures so that we can easily identify other members. See her if you haven't had your picture taken or if you want an update.

Bev Parker and Carol Rubeck

Hospitality

Welcome to Fall! What a great time of year for sharing with friends. Thank you to everyone for sharing food with your friends at Guild. Please, if you haven't brought food to share recently, think about something fun for our meeting October 15. Look forward to seeing everyone at the next meeting.

Dee McHale and Leesa Jump

Philanthropy

Thank you guild members for donating your time and materials to philanthropy. Norma Beckemeier, quilted 5 quilts, Judy Long completed one top, Loraine Nemo 5 pillowcases, Linda Kurz quilted one quilt, and Carol Rubeck bound one quilt. If we omitted anyone, please let us know. We appreciate all that you do. Carol Matlak provided 17 quilts to Silver Cross Hospital for the pediatric and dialysis patients. Carol also provided 15 quilts to Suzy's Place. To find out more information on Suzy's Place. Suzy's Caring Place provides domestic violence victims a home to stay for two years to build independent, violence-free lives after receiving emergency shelter and community-based services. Central to the mission is aiding victims to realize their human dignity, to exercise their legal rights, and to develop. go to <http://www.gacsprograms.org/suzys-caring-place/>

Riverwalk Quilters Guild donated 6 pillowcases and 9 quilts to Habitat for Humanity of Kane County and 4 quilts to Ronald McDonald House in Winfield Illinois. Many quilts were donated to Ronald McDonald House by guild members Judy and Norma. FYI, Ronald McDonald House has a website that has opportunities to volunteer and various ways to donate, rmhccni.org. One donation they accept is pop tabs. The organization annually receives 30,000 to 40,000 dollars a year from that resource.

What's next for philanthropy? Our future donations will be going to Habitat for Humanity of DuPage County and Sharing Connections for Families. We are also accepting small fabric scraps, less the 5 inch squares, to use as stuffing for dog and cat beds.

We prepared 7 quilts to be quilted, 6 quilts to be bound, and 2 kits to make tops. Thanks to all that took items to complete.

Judy Long and Terri Hayes,
Philanthropy Committee

Riverwalk Meetings and Workshops

November 12, 2019: General Meeting

Gudrun Erla - GE Quilt Designs

Stripology Mixology - Put Your Stash to Work

<http://gequiltedesigns.com>

November 13, 2019: Workshop Gudrun Erla

Glacial Ice and Halldora

December 10, 2019: General Meeting

Heidi Parkes

My Quilts and How I Got There

<http://www.HeidiParkes.com>

January 14, 2020: Rummage Sale & Party

February 11, 2020: General Meeting

Kathleen Herbach

Trunk Show

March 10, 2020: General Meeting

Bill Kerr/Weeks Ringle - Modern Quilt Studio

Our Quilting Journey and Yours

www.modernquiltstudio.com

March 14, 2020: Workshop Bill Kerr/Weeks Ringle

Understanding Value and Piecing Curves

April 14, 2020: Philanthropy

May 12, 2020: General Meeting

Laura McDowell Hopper - Sonic Stitches Quilts

Details to follow

<http://www.sonicstitchesquilts.com>

Riverwalk meetings and Workshops (continued)

June 9, 2020: General Meeting

Natalie Santini - Sew Hungry Hippie

Details to follow

<http://www.hungryhippiesews.com>

Workshops are filled on a first come, first served basis. Bring your checkbook, credit/debit card to guild meetings for workshops. Sign up with payment early to ensure your participation and class availability.

If a participant is unable to attend a workshop, the student must responsibly contact the workshop coordinator for a replacement student to attend from the existing waiting list. No refunds issued unless a workshop is cancelled. No attendees at 2 months prior to class may result in workshop cancellation. Thank you for your understanding and keep learning to quilt!

Checkout the website, Facebook and Instagram accounts for more information

Web: <http://www.riverwalkquilters.com/july-2018--june-2019.html>

Facebook: <http://www.facebook.com/Riverwalk>

Instagram: <https://www.instagram.com/naperriverwalkquilts>

Quilting Ideas

TEN FAST AND EASY SAMPLER BLOCKS

https://www.youtube.com/watch?v=an1La_GR_Z4

Hot Pads!

<https://www.youtube.com/watch?v=3PGpJXpDOI>

Easy and Fun Snap Bag

<https://www.youtube.com/watch?v=hJu72EbC2D8>

Free Quilt Patterns

<https://www.freequiltpatterns.info/view-all.htm>

Website

If you need something added or changed on the website www.riverwalkquilters.com, please email Kathleen Pallardy at the rggwebsite@gmail.com

Please contact Kathleen Pallardy to post your quilting services for hire on the RQG website. Please include a brief description of your services and preferred contact information to be posted to the website.

Advertising rates are based on one month's issue. Ads must be prepaid and received by the Editor by 4th Tuesday of each month.

Full Page \$50.00 *

Half Page \$25.00

Quarter Page \$12.50

Eighth Page \$ 5.00

*Full page ad available for single month only.

Website: www.riverwalkquilters.com

Facebook: <http://www.facebook.com/Riverwalk>

Riverwalk Quilters Guild meetings

2nd Tuesday, 7:00 pm

Grace United Methodist Church

300 E Gartner Road, Naperville, IL

Newsletter email

The Riverwalk Quilters Guild newsletter is published monthly. To submit articles for inclusion, contact the editor at :

RiverwalkQG.newsletter@gmail.com

by 4th Tuesday of the month.

Riverwalk Quilters Guild

| POSITION | MEMBER |
|--------------------------|------------------------------|
| President | Mary Cieslak |
| Vice-President | Margaret Zitt |
| Treasurer | Carol Wilhoit |
| Secretary | Lyn Kmiecik |
| Newsletter | Carol Matlak |
| Programs/Workshops | Karen Jordan |
| | Jill Bryan |
| | Kathy Clancy |
| Contracts | Ruth Hild |
| | Debbie Wiesbrook |
| | Carol Wilhoit (Assistant) |
| Library (2 positions) | Lynn Slaughter (temp) |
| | Sandy Doubeck (temp) |
| | Lynn Hamilton |
| Hospitality | Leesa Jump |
| | Dee McHale |
| Special Events | Darlene Ebel |
| Membership | Bev Parker |
| | Carol Rubek |
| Website | Kathleen Pallardy |
| Philanthropy | Terry Hayes |
| | Judy Long |
| Rummage Sale | Nancy Sturgeon |
| Member Directory Contact | |
| Facebook | Kathleen Herbach |
| Instagram | Margaret Donahue |
| Instagram Assistant | Dee McHale |
| January Holiday Party | Amy Shutter |